

Tips for Exploding a Moment

So, how do you explode a moment? Try using these tools to help you.

Snapshots: Physical pictures

Thoughtshots: What's going on in your head?

Dialogue: What are people saying?

Zooming in: Ask yourself questions to dig up small details to make a moment come alive.

Outside/Inside: Switch between Snapshots and Thoughtshots to make your moment last longer.

When to Explode a Moment

- A moment of tension
- A moment of discovery
- A moment of confrontation
- A moment of transformation
- A moment of fear
- A moment of embarrassment
- A moment of despair
- A funny moment
- A moment of confusion
- A moment of triumph
- A moment of defeat
- A moment of betrayal
- A moment of discovery
- A moment of sadness

**Don't just answer the prompt,
EXPLODE IT!**

Example:

There is a box in your attic. Write about what you might find when you open it.

I crept up the creaking attic stairs, gripping the box cutter in my left hand and sliding up the hand-rail with my right. With each slow step I could feel the tension building, twisting inside my stomach like some caged animal. What would I find when I opened the mysterious box my dead aunt had left there? How could I know if the promise she made me was really true? What would Mother think when she realized that I knew the darkest secret about her childhood in New Jersey?

My knees buckled, and I could feel a cloud of sadness wash over me as my hand touched the bronze doorknob at the top of the stairs. Was I ready to step into that dark room? What would be left of my childhood once I knew the truth?

As the door creaked open, a blast of musty air slapped me in the face like an old memory that you just couldn't forget no matter how hard you tried. My eyes scanned the room. There was a pile of old busted chairs, a stack of moldy books with ripped out pages strewn like leaves across the floor, and, beyond it all in the far corner, sitting on a tray table, was the box that held my destiny.